

# Expressing anger - Adjectives & Phrases

- Ask your students to come up with synonyms of *angry* and put them in a scale. Let your students compare their findings with the adjectives & phrases below.

I feel

**annoyed**

**irritated**

**short-tempered**

**angry**

**furious**

**enraged**

because sth

**gets on my nerves .**

**makes my blood boil .**

**drives me mad/nuts .**

**drives me up the wall .**

**pisses me off.**



So, I do sth fun to

**release**

**my anger .**

**appease**

Otherwise, I will

**explode .**

**blow up .**

**let off**

**some steam .**

**blow off**



Go back to Ex.A. Can you replace the number you used with one of the adjectives or phrases above?

- How would you feel in the following situations?
- Do you think that all people would react in the same way?



- Tell your partner something that can **irritate** you during the day. How do you **let off some steam**?
- Tell your partner the last time you were **furious**. What happened? How did you **blow off some steam**?