Getting angry



Α.	How angry	would yo	ou get in	these situations	? Write a number.
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	0	1	2	3	4	5			
	not at all angry					extremely angry			
1.	You are stuck in tra	affic for ove	r an hour.						
2.	Someone moves in front of you in a queue.								
3.	A bunch of people get on the train before letting you get off first.								
4.	Your close friends forgot your birthday.								
5.	5. You are given the wrong change in a shop and you notice it when you get home								
6.	Your cell phone ha	s run out of	battery.						
7.	You are stood up o	on a date.							
8.	Your flight is delay	ed.							
9.	A colleague is spre	ading gossip	about you.						
10.	. Your roommate is	playing loud	music all the t	ime.					

■ Check with a partner. Do you have the same answers?

B. In which situations people might have said the following?

'One of these days I'm going to **explode** and ask her to move out.'

'I hate it when somebody I know is spreading lies about me. It makes my blood boil.'

'Yesterday that happened to me at the coffee shop. A young man just took my place without saying anything. It really **pissed me off**.'

'If it's a hot day and I'm in a hurry it really gets on my nerves.'

'I got tired waiting and I ordered a glass of wine to appease my anger.'

- Check with a partner. Do you have the same answers?
- What do the words in red mean? Can you think of a synonym?

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